

Tsa-Lung

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Tibetan Medicine - Tibetan healing methods Tsa-Lung (Healing with the own hands) "Tsa-Lung", also called own hands with the healing, heitwrtlich "Windkanle. It is a special technique of energy healing. The beginner this wertvollenTechnik many millennia back to results and it was passed as a special knowledge of healing in Tibet from generation to generation. Historically, this technique is the wellspring of Reiki and acupuncture, which have evolved from it. The technique of Tsa-Lung-healing involves several steps. The first thing to be prepared to cure our own bodys give. The Channels, in our bodys are different respiratory Bunge, Krperbewegungen and meditations by Working hours and items brought into balance and Lebenssfte. Second, a certain meditation heat energy generated by that then, once available, can be delivered to certain parts of the bodys in the form of healing energy. With the help of one or several types of wind power, this healing energy to the client who is undergoing treatment, transferred. This healing energy has a very soothing effect on the bodys of the patients by Channels, opens, restoring the balance of the elements and helps in the regeneration of tissues destroys. The art is to evoke the wisdom of emptiness in which to activate their own inner wind. Bunge Schtzende preparation, control of the winds of the fnf chakras Mitgefhl and the various steps to keep the wind, are used to produce the healing energy. A master in the Tsa Lung befhigt is, the wind fr can use distant healing, that is, to treat a patient without that he is present.

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