



# Family Constellations, Phenomenologically-systemic family therapy after Bert Hellinger

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Family Constellations is the method developed Bert Hellinger in the 80s. This involves inspection of entanglements within the family and their solutions. After the helper has questioned the client about his concerns and significant events from the origin or present family, the client is on the previously selected by the student as a representative of family members who still feel in relation to each other. The inner unconscious image of the family of the client is only visible in the execution of the statement.

The alternate take of the true thoughts and feelings appropriate family members. This deep understanding is developed for the situation in the family. A respectful atmosphere is created. It entanglements come to light, which can be solved with the assistance of the helper, if possible.

Everyone in the family has the same right to membership and the established internal image is changed such that all of them have the appropriate place and are respected. If a solution is found image, the client his place in the new structure, finds himself in a new wholesome image and takes it into itself. With the now feigesetzten good forces in the family and one's own soul can heal this solution image as a seed to develop into fertile soil. The new image appears, like the old one before, but this time for the good of all.

"The Orders of Love" and the "movements of the soul" with "orders of love" appoint Bert Hellinger those mental powers in family systems that entangle from the bonding love that one out in the fate and the guilt of the other harmful. And he names so that even those regulations in relations systems that solve from entanglements and satisfy the need for commitment and settle on a wholesome manner. In the "movements of the soul" the forces come to light that we integrate the ordering forces of Familiehinaus in other areas of the soul and lead. The approach of the family constellation brings a simple way entanglements to light and help to establish insight into the relation order, which dissolves. The beneficial psychological order comes into the picture and word, so that it touches and can be experienced facilitators in their effect for all parties involved in a relationship system. In statements that go with the movements of the soul, we come with the larger areas in mental contact in which Separate can come into compliance if the family soul at solutions no longer capable.

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