

Horses further the psychological recovery process in humans. They teach us to be honest and patient, to know who we are, where our strengths are and where we'll be able to develop ourselves. Through contact with horses, we learn more, exercise our senses, bodies and thoughts. Getting to know the body language of the horses and their clear and unambiguous communication makes it easy to improve human communication. In between his own contact with the horse, any direct action alternatives and test the experience. Effect participants experience the authentic, unbiased raw feedback of the horses as stimulating and energizing suggestions for their own behavior. This feedback can be experienced easier than accepting criticism from people. This can help participants from their reactions when guided descriptions in a 10x10m arena experience of what effect it has on the horse and in an analogous manner to their fellow human beings have to. This experience gained in this can be so many eye-opening experiences. Horses make it easy to perceive the individual leadership style and optimize broadcasting to develop even more of a good distance to find at Ma and Nhe. Findings from this contact with horses with efficiency in everyday life are used in high. Exercises complement the perception and experience. has great value as they are combined with elements from the Lingva ETERNA energetic language of MR v. Scheurl-Defersdorf proved. Thus, the integration with horses began conversion process in a direct and clear language.

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