



# Cell Symbiosis Therapy ® by Dr. Heinrich Kremer

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What is Cell Symbiosis Therapy ® The Cell Symbiosis Therapy ® is a therapy that is based on decades of research and scientific work of Dr. Heinrich Kremer. Core of Cell Symbiosis Therapy ® is the functionally modified, compromised mitochondrial metabolism and the respiratory chain of mitochondria back into gear.

What are mitochondria? Mitochondria are cellular organelles that have evolved from bacteria out. They produce with the help of oxygen, the ATP (adenosine triphosphate) which is the energy of our cells. The mitochondria are involved in almost all metabolic processes, energy services and detoxification processes and thus play a central role in our health.

If the function of mitochondria by malnutrition, fungal toxins, bacteria, toxins, heavy metals, antibiotics, pesticides, etc. affected the production of ATP will shut down in the mitochondria. This leads to many chronic diseases. In some cases, then the transfer of oxygen and electrons in the four respiratory complexes of mitochondria is disrupted, so the mitochondria drive down the use of oxygen and on. Are stored in our cells because genetic Bootstrapping, the cells switch to the survival of aerobic (oxygen dependent) to the anaerobic metabolism. This is a fermentation of blood sugar immediately. Cells divide more rapidly and produce various gases as waste products.

Thus, one can say that all the toxic pollution that we face today, always a negative effect on mitochondrial function and thus the metabolic performance of the different cell types is disrupted.

Diseases Diseases that can develop from a disturbed mitochondrial function:

Cancer Viral infections (herpes, Epstein-Barr, hepatitis, etc.) Fungal infections (candida, fungi) Age-related diseases (Alzheimer's, dementia, Parkinson's) Depression Allergies Fatigue syndrome, burn-out Circulatory disorders (atherosclerosis, heart attack, stroke) Organ degeneration Autoimmune diseases and immune deficiencies ADHD (attention deficit disorder) Micro-and macro-nutrients and vital substances lack Through the use of micro-nutrients and vitamins and the associated nutrient balance, the aim is to improve mitochondrial function and regenerate again. This will keep the cell can build all the important metabolic processes again. Once the metabolic activity of mitochondria improves again, the cell switches to modern high genetic programs, with regeneration of the individual cell high-performance models.

Infusion therapies

The aim of the infusion therapy is to improve the systemic mitochondrial function. A highly significant role played by intravenously administered sulfur compounds (glutathione) and amino acids, which for the maintenance of cellular detoxification, as well as for normal cell division Sauerstoffverstoffwechslung eminently important.

Heavy metal detoxification Industrial and environmental toxins, stress and dental fillings in the diet are the cause of heavy metal pollution, poisoning and mitochondrial disorders. Various symptoms and diseases can be attributed to heavy metal pollution, especially neurological diseases (Parkinson's, multiple sclerosis), immune deficiencies, hair loss, lack of energy, attention disorders to dementia and others.

Nutritional Therapy When mitochondrial dysfunction, an analysis of immune reactions to foods is carried out by the detection of immunoglobulin G against food. The body produces immune cells against food proteins the immune system comes under stress. It can lead to excessive immune reactions associated with the cause - the food intake - do not be put into neurological connection, such as rheumatic disorders, allergies, disorders.

Psychotherapy Anxiety, stress, embossing pattern from childhood neuroses have a direct influence on the physical well-being (psychosomatic) as well as a sick body has an influence on the psyche (somato). These

relationships are considered in the mitochondria therapy.

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