

# Didgeridoo

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What is a didgeridoo? The didgeridoo is a traditional Aboriginal wind instrument. The name "didgeridoo" comes from the Europeans. Some of the common Aboriginal name for this instrument are Yaraki, Yidaki, Magu, and Kanbi Ihambilbilg, the most widely used today is "Yidaki".

The didgeridoo is used primarily for the sacred corroboree ceremony, which is only available to tribal people. But the Aborigines use it for relaxation and Teaching: They imitate animal sounds and other sounds of nature and thus bring their children not yet initiated closer to nature. His characteristic sound can be achieved on any other tube of similar dimensions.

The didgeridoo is played by the Aborigines to singing and dancing at celebrations, festivals and ceremonies. The sound of such an instrument, is played when a rounder, penetrating and hypnotic. He speaks to the imagination and stirs the soul of man.

The healing effect of a didgeridoo The "magic" of the didgeridoo unfolds with eucalyptus. This is no coincidence, because eucalyptus is intimately Lungen-/Atmungssystem resonance for the people. The eucalyptus tree is one of the largest, fast growing trees on earth and requires vast amounts of water to thrive. Eucalyptus trees originally grew only in South Australia and Tasmania. The essences of eucalyptus oils are among the most important to strengthen the respiratory system. They promote the inspiration, relax and dilate the muscles of the windpipe while reducing the blood pressure in the lungs. By the dilation of the alveoli, the blood that circulates in the lungs absorb more oxygen and deliver it to cells throughout the organism.

Both games and listening to directly promote and unintentional resonances to the chest, heart, thymus and airways. These resonances are subtle nature and enable the "heavenly" qualities.

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