



## Aura-Soma®

Autor/in: [Spirituelle Lehrerin / Reiki - Aura-Soma - Massagen Gabriele Bruns-Härig](#)

What is Aura-Soma®? The balance bottles usually "meet" a first balance the bottles, because hardly anyone can resist the magical charm that arises when considering this luminous brilliance. Currently, there are currently (March 2004) 103 Balance of Aura-Soma bottles. Each individual of which consists of two fractions, namely the upper and lower portions. Both contain a blend of color, aroma and gem energies that come from plants and minerals sector. The upper part of the bottles is based on an oil, the lower spring water. This creates the succussion prior to use an aqueous oil mixture which collects particularly well into the skin.

AURA-SOMA as "cosmetic for the soul" brings not only a visual curiosity in us, but also stimulates the senses, to the need to display the content to go "under the skin". And that's the point here.

The classical approach in order to come into contact with Aura-Soma is running down so that one of the (currently) 103 Balance bottles, intuitively selects the four bottles that they like the best. This is the visual contact is with these wonderful colors, a kind soul needs, because "... the eye sees what the heart yearns ..."

During readings (that's called the advice of a qualified Aura-Soma consultant) then you learn what exactly what the colors of these four selected balance over a bottle (more on this in consultation / Reading).

It has the choice of our "colors of the soul" with a lot of self-knowledge and our own personal life to do. Since we are surrounded daily by color, we feel their influence on the soul level, consciously or unconsciously. The AURA-SOMA system is precisely this ancient knowledge of the power of colors, scents and oils based on people.

A gentle, soothing way helps us AURA-SOMA as to balance and well-being and also to realize our true potential.

The Pomander Originally, this term comes from the Old English word as the Middle Ages and represents a fragrance composition, which was compiled by the herb women. This should help to overcome situations.

Today there are 15 Pomander, which consist of 49 different herbs in alcohol obtained base. With its magnificent fragrance and the different colors they contribute enormously to the instantaneous stimulation of our well-being. The Pomander create a certain atmosphere around us and our immediate area and also offer protection. They look especially at the physical level, supportive, balancing or stimulating. You can use it regardless of the balance-bottles, which they generally constitute an addition. If we rub the pomander in the application in the left hand and einfächeln in our aura, we release the energy contained therein and therefore also support our subtle bodies.

The quintessence / Master Essences Similar to the o.g. Pomander affect the quintessence or even master essences called over her delicate floral scents, stimulating the senses. The names of the masters associated with the corresponding energies to help realize our potential and to recognize the inner treasure and we connect spiritually with the higher levels.

They are plotted on the left and then pulse eingefächelt in the aura.

The room sprays The Pomander and quintessence are wonderful for energizing and cleaning of rooms and provide a good atmosphere. Whether these individuals for the family, friends, strangers, or a group of people who are used to create the room sprays positive vibes!

Die in diesem Verzeichnis vorgestellten Therapien und Methoden werden zum Teil seit Jahrhunderten praktiziert und sind auch in heutiger Zeit in Kursen und Seminaren unterrichtet worden. Sie können bei gesundheitlichen Problemen Rat und Hilfe eines Arztes nicht ersetzen. Der Betreiber dieses Verzeichnisses übernimmt keine Haftung für Schäden, die sich aus dem Gebrauch oder etwaigem Missbrauch der hier vorgestellten Therapien und Methoden ergeben.

Alle Inhalte dieser Website copyright ©Heilverzeichnis/Heal24.com und der jeweiligen Rechte-Inhaber. Weiterverbreitung der Inhalte ohne vorherige schriftliche Genehmigung ist nicht zulässig. Alle Rechte vorbehalten