



## Trauma statements by Prof. Ruppert

Autor/in: [Heilpraktikerin Beate Koch](#)



What is a trauma-statement? The preparation method according to Prof. Ruppert shows the background of physical illness and psychological problems (eg anxiety, guilt, addictions, low self-confidence, concentration problems, relationship conflicts, depression, etc.) Generally are not logically be explained rationally.

For the concern of those seeking advice for his symptoms and important people in his family or relationship field station in the group are "positioned" as a substitute.

Their perceptions reflect the unconscious processes and create an insight into the experiences that led to the blockages in life:

The relationships between current symptoms and life history are revealed. There are the effects of traumatic experiences and the consequences of symbiotic dependencies.

What are trauma, traumatic experiences? Traumatic is "A life overwhelming, not spiritually integrated life experience which leads to a disintegration of psychological processes and cause permanent mental development disorder. Instead of survival." Lead (Prof. Ruppert) Traumatic experiences can continue to live a split in the soul. The feelings of powerlessness and fear of threatening others must be replaced. There is a split occurs between the emotional trauma sentient share the one hand and the rational survival fraction on the other.

Focused on the prevention, control and compensation processes are initially trauma survival strategies, but the move later in life, physical illness, mental disorders and involvement in the social sector by itself. In particular, children are confused because they absorb all the feelings, emotions and the trauma of their parents.

How does one trauma lineup? Here Prof. Ruppert developed his profound concept of trauma-up, in particular, are the binding trauma and its psychological consequences in the center.

The first trauma portfolio helps determine whether and how emotions affect acquired. The psychological divisions are aware of how the symbiotic entanglement which hinders their own lifestyles. Only the knowledge, feeling and understanding of these relationships allows active-solving steps from it. Healing is possible when the perceived split off parts of the personality, they are accepted and integrated.

Die in diesem Verzeichnis vorgestellten Therapien und Methoden werden zum Teil seit Jahrhunderten praktiziert und sind auch in heutiger Zeit in Kursen und Seminaren unterrichtet worden. Sie können bei gesundheitlichen Problemen Rat und Hilfe eines Arztes nicht ersetzen. Der Betreiber dieses Verzeichnisses übernimmt keine Haftung für Schäden, die sich aus dem Gebrauch oder etwaigem Missbrauch der hier vorgestellten Therapien und Methoden ergeben.

Alle Inhalte dieser Website copyright ©Heilverzeichnis/Heal24.com und der jeweiligen Rechte-Inhaber. Weiterverbreitung der Inhalte ohne vorherige schriftliche Genehmigung ist nicht zulässig. Alle Rechte vorbehalten