



## Reiki by Usui, Traditional Reiki

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What is Reiki? Reiki - the Universal Life Force: What does this mean? Starting from the idea that everything has a soul in the universe, means universal life force, that there is an energy that permeates everything and is present in every manifestation. A force that produces different effects, but which is common that it promotes life. The applied force of Reiki, based on the people, therefore, means to apply a force that encourages people to bring forth its plants. She also opens doors to new horizons, regardless of whether they are mental or emotional nature, she relaxes and heals the man at the levels that are responsive to a healing impulse.

Reiki provides the body with extra life force available that he can use to initiate healing processes.

Reiki is a quiet way, a way with love and heart energy. In fact, a Reiki practitioner becomes more and more grow in its ability to give Reiki as he can grow his compassion and his heart's strength. And likewise the one who receives Reiki, a very gentle manner brought into contact with his heart. Internal and external harmonization and the rediscovery of life - all this can come about.

Reiki supports all known therapies, and personal meditation, personal development - but it's not a happy-making panacea.

What is the system of Reiki? Reiki is a system that is taught in different steps. This should not serve the confusion, but based on the global spread of Reiki and the diversity of individual Reiki teacher. Every human being develops in the course of his work some peculiarities Reiki, recommends additional or leaves (for themselves) away is not proven. The respective initiations and symbols are similar despite the diversity of the Reiki teacher. An initiation can take place only through a Reiki teacher or Reiki teacher, as they connect to the source of Reiki energy produced. The transfer of this power requires the recipient, except internal openness, a willingness to sit just a little while longer still.

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