



Lingam massage

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The Lingam Massage - an individual path to male sexuality The Lingam (penis massage) is a sound massage of the male genital area, based on Taoist thought. It brings the sexual energies with attentive, sensual and energizing touch in flux. Here, the reflex zones of the lingam and activates the body can relax and let go.

The word "lingam" comes from the Sanskrit names the entire male genitalia, the penis of the testicles to the prostate. Dr. Joseph Kramer, theologian and sex researcher, Oakland, California, created in 1982 inspired by the teachings of Taoism, a form of spiritual-erotic body work with a focus on breathing and massage.

The Lingam Massage is the culmination of a sensual full body massage.

Expiry of the Lingam massage The Lingam (penis massage) takes place in a clearly defined framework, rather than in an attentive, loving, present atmosphere and offers the recipient the opportunity to feel accepted in his masculinity. The lingam massage begins with an opening ritual. First, the whole body is massaged once dynamic and sometimes touches the senses. Then be included in dialogue with an experienced masseuse in the different areas of the lingam massage. A deep, conscious breathing is stimulated, led to the expansion of sexual and spiritual experience and their own pleasure, as they are in this moment shows accepted and celebrated.

The aim of the Lingam massage The Lingam Massage allows the recipient to experience a conscious dealing with his sexual energies. Another option is to avoid the ejaculation and to circulate through the Big Draws, a Taoist breathing exercises, the sexual energy throughout the body.

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