



Tantra Massage

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What is Tantra? The term Tantra refers to the ancient Indian culture of acceptance by the sexual nature of man as an essential aspect and was respected. The body is in this age-old tradition as a temple of the soul and is treated holistically.

What is a tantric Massage? The Tantra Massage combines principles and methods from various Far Eastern massage techniques, and elements of yoga, bioenergetics and sex therapy, integrative way together. In Tantra Massage is a full body massage, with each part of the body is affected with respect. The Tantric massage leads to deep relaxation and well-being. It also provides the opportunity for the discussion of specific sex therapy issues in a framework that is free from pressure of expectation. The massage of the genital tract can produce feelings of pleasure, but not as it aims at achieving a sexual climax, and this is possible. There are massages the reflex zones of the genital area professionally, affecting invigorating and beneficial to the organism. The aim of our genital massage is to energize the body, promote blood circulation, sexual dissolve blockages in the pelvic area and to promote relaxation and well being of our guests.

Expiry of a Tantra Massage Before the start of a Tantra Massage briefing is conducted. The massage is designed at 1.5 and 2 hours and is aimed at women, men and couples. For an initial ritual of hospitality is gradually stripped and then massaged with alternating gentle and strong touches. This results in an interplay between tension and relaxation, between rest and movement. Basically, all body parts are massaged, including the genital area, which takes about 10-15 minutes total time in the right and at the end of the tantra massage is taking place. Throughout the massage, the guest is in a passive, his body awareness focused attitude, opening the possibility, without pressure to perform and can enjoy their own bodies.

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