

Frankincense - An old remedy is rediscovered incense (Olibanum Gehr) the oldest known medicines to überhaupt. Was used mainly in air, the dried, gummy resin, which is also known as cultic Zusammenhngen Rucherdroge. As a medicine, the incense is already described in a 3500 year old Egyptian papyrus, but also in ancient Greek, rousing, Arab, Indian and medieval â, spectroscopic medical writings of the most unguulate Gehrt recommended remedies for a variety of diseases. Frankincense was used as wound healing agent and antidote, as a remedy for cancer, women&#39;s diseases, syphilis, rheumatism, respiratory and abdominal diseases applies and it is virtually no area of medicine by wre not been used uerlich or inwardly. Not only Hippocrates, Dioscorides and Galen, the ancient physicians groen, unguulate knew incense used for therapy, the healer btissin Hildegard of Bingen (1089 - 1179) to report on its healing power. Since the mid-19th Century, the incense as a medicine in Europe largely forgotten. In the traditional medicine in Africa and India, by contrast, had the incense to receive treatment in this century, so that you could for setting up a still living tradition, as in the eighties zunchst the modern scientific study of incense resin in Indian hospitals and institutions took place. In India and many imported Lndern incense is now approved in the form of Prparates H15 and trade. Studies in Germany, for example in hospitals and in the rheumatoid Universittskliniken Gieen Bochum and in the treatment of brain tumors could confirm the efficacy of Weihrauchprparaten. Incense is like many other herbal medicines do not magically eliminate knnte about diseases that are incurable with conventional medical Manahmen. For many, especially entzndlichen diseases but it is an asset to the alternative and traditional medicine and can help side effects of medications such as cortisone or rheumatism reduce or even replace them. Of the approximately twenty species of frankincense tree found today in front of all the India-based and well-known from classical Ayurvedic medicine, Boswellia serrata, and the way in Somalia and the Arabian peninsula growing species Boswellia carteri application in the form of tablets, capsules, drops and ampoules, as well as applications and LFR uere in aromatherapy as a Lutheran I. The most important effects of boswellia (frankincense) Entzndungshemmung: This effect was frher uerlich at Wundheilungsstrungen hauptschlich used. Today, the internal treatment is with incense tablets in the foreground. In Entzndungen such as rheumatism or pancreatitis (Bauchspeicheldrsenentzndung) can be propagated in the body called prostaglandins and leukotrienes as Entzndungsmediatoren demonstrate the FR are a number of complaints made responsible. The formation of these and other substances by the internal administration of frankincense extract inhibited the Krankheitsproze demonstrably and thereby counteracted. Pain relief: the above mediators by a variety of diseases triggered by pain or other partners. Many entzndungshemmende rheumatism funds are therefore at the same time pain. This is also Fri incense without that, however, has the typical side effects of rheumatoid resources or the addictive nature of usual painkillers. Immunomodulation: Due to its effects on the immune system s prime incense is especially for so-called autoimmune diseases in which Antikrper be formed against krpereigenes tissue used. The usual treatment of such diseases is unguulate with significant side effects (eg Abwehrschwchung hand in hand), so that the side effects of incense or asset to an alternative treatment may be important here. Sedation: Incense calms, but does not mde. This will include use of aromatherapy in. Vielfltigen application of the traditional and modern applications of incense had room to mention here only: Rheumatic diseases, both soft-tissue rheumatism and fibromyalgia Gelenkentzndungen and lung diseases such as cystic fibrosis and Brochialasthma Functional and entzndliche intestinal diseases (such as Crohn&#39;s disease, ulcerative colitis), skin diseases (egconditional or allergic dermatitis) causes headaches of various liver diseases Bauchspeicheldrsenentzndung (pancreatitis), brain tumors, the swelling associated with side effects and risks, despite millennia of experience have no significant side-effects. It will report about the occasional taste of irritation at the taking of tablets, the capsules does not occur. Allergic reactions can be, as with all medicines ausschlieden never completely. groflchiger uerer application such as pre I should be cream or an allergy test done with a few drops. Practical considerations Because most Weihrauchprparate not approved, the miter erstattungsfhigen medicines in Germany, is the Regulation on mostly a private prescription. Some patients also import Weihrauchprparate even from abroad, where they are more freely negotiable. In any case before any intended incense treatment advice should be sought physician, who also can provide information about other useful naturopathic Manahmen. Is it the intention to discontinue conventional medications such as cortisone, asthma and rheumatism, it may only be done tapering and under MEDICAL monitoring.

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